

GIRLS RUGBY EMERGENCY PLAN

Robb Athletic Field

2525 Bacon St, San Diego, CA 92107

Catastrophic Injuries

This is defined as any condition in which a student athlete's life is threatened or the student athlete risks permanent impairment. Examples include, but are not limited to, respiratory or cardiac arrest, spine injuries and possible fractures.

Call 9-1-1.

Be sure to have the following information:

- Name, address, telephone number of caller
- Number of athletes injured
- Condition of Athlete(s)
- First aid initiated by first responder
- Specific directions to emergency scene.

Hospital Nearest/Most conveniently accessible hospital:

Scripps Mercy Hospital San Diego

619-294-8111 • 4077 Fifth Ave, San Diego, CA 92103

- 1.** Head west on Bacon St toward Ocean Beach Bike Path/San Diego River Bikeway 0.3 mi
- 2.** Turn left onto W Point Loma Blvd- 0.3 mi
- 3.** Use any lane to turn left onto Sunset Cliffs Blvd - 0.4 mi
- 4.** Use the right lane to take the I-8 E ramp to I-5
- 5.** Continue onto I-8 E - 3.8 mi
- 6.** Take the Hotel Circle E exit
- 7.** Turn left onto Hotel Cir S – 0.2 mi
- 8.** Turn right onto Bachman Pl – 0.7 mi
- 9.** Turn left onto Lewis St – 0.1 mi
- 10.** Turn right onto Mercy Plaza